## Random walk on unipotent groups

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## Outline

## (1) Overview

## (2) Upper triangular groups

## (3) Abelian sandpiles

4. Cycle walks

## Random walk on a group



Figure: Persi Diaconis

## Set-up

- G a locally compact (finite) group
- $\mathscr{P}(G)$ the set of Borel probability measures on $G$
- For $\mu, \nu \in \mathscr{P}(G), f \in C_{c}(G)$,

$$
\langle f, \mu * \nu\rangle=\int_{G} \int_{G} f(x y) d \mu(x) d \nu(y)
$$

- Consider, for $\mu \in \mathscr{P}(G)$, the large $N$ behavior of $\mu^{* N}$ as a weak-* limit in one of several function spaces, e.g. $L^{\infty}(G)$, Lipschitz functions, Sobolev spaces, etc., and also the growth of $\operatorname{supp}\left(\mu^{* N}\right)$
- We seek quantitative statements, e.g. a rate of convergence.


## Example: riffle shuffling

Let $N>1$ and consider the following random walk on the symmetric group $\mathfrak{S}_{N}$ (Gilbert-Shannon-Reeds)

- $\mu$ is the distribution on $\mathfrak{S}_{N}$ given by
- Choose $1 \leq n \leq N$ according to the binomial distribution $\mathbf{P}(n)=\frac{\binom{N}{n^{N}}}{2^{N}}$
- Conditioned on the value of $n$, the measure is uniform over all permutations which preserve the relative order of the first $n$ and last $N$ - $n$ cards
- Convergence to uniform is observed after $\frac{3}{2} \log _{2} N+O(1)$ steps in the total variation ( $L^{1}$ ) metric [1], [2].


## Example: groups of moderate growth

Let $m \geq 2$ and let $\mathbb{H}(\mathbb{Z} / m \mathbb{Z})=\left(\begin{array}{ccc}1 & \mathbb{Z} / m \mathbb{Z} & \mathbb{Z} / m \mathbb{Z} \\ 0 & 1 & \mathbb{Z} / m \mathbb{Z} \\ 0 & 0 & 1\end{array}\right)$. Let $U$ be uniform
measure on $\mathbb{H}(\mathbb{Z} / m \mathbb{Z})$ and let $\mu$ be uniform measure on

$$
S=\left\{I_{3},\left(\begin{array}{ccc}
1 & \pm 1 & 0 \\
0 & 1 & 0 \\
0 & 0 & 1
\end{array}\right),\left(\begin{array}{ccc}
1 & 0 & 0 \\
0 & 1 & \pm 1 \\
0 & 0 & 1
\end{array}\right)\right\} .
$$

Theorem (Diaconis-Saloff-Coste, '94)
There are constants $a, b, a^{\prime}, b^{\prime}$ such that

$$
a^{\prime} e^{-b^{\prime} N / m^{2}} \leq\left\|\mu^{* N}-U\right\|_{\operatorname{TV}(\mathbb{Z} / m \mathbb{Z})} \leq a e^{-b N / m^{2}}
$$

## Example: simple random walk on $\mathbb{Z}$

Let $\mu$ be the measure which assigns $\pm 1$ equal probability $\frac{1}{2}$.

$$
\begin{aligned}
\mu^{* 2 N}(2 k) & =\frac{1}{2^{2 N}}\binom{2 N}{N+k} \\
& =2 \frac{\exp \left(-\frac{k^{2}}{N}\right)}{\sqrt{2 \pi(2 N)}}\left(1+O\left(N^{-\frac{1}{2}}\right)\right)+O_{A}\left(N^{-A}\right) .
\end{aligned}
$$

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## Upper triangular walks

Let $N_{n}(\mathbb{Z}), n \geq 3$ be the upper triangular group of $n \times n$ matrices

$$
N_{n}(\mathbb{Z})=\left(\begin{array}{ccccc}
1 & \mathbb{Z} & \mathbb{Z} & \cdots & \mathbb{Z} \\
0 & 1 & \mathbb{Z} & \cdots & \mathbb{Z} \\
\vdots & & \ddots & \ddots & \vdots \\
& & & 1 & \mathbb{Z} \\
0 & \cdots & 0 & 0 & 1
\end{array}\right)_{n \times n}
$$

- $Z_{1, n}$ denotes the upper right corner (central) coordinate.
- $M_{j}$ is the matrix with 1 at $j$ th position in the first super-diagonal, $M_{j}=I+e_{j} \otimes e_{j+1}$.
- Measure $\mu_{n} \in \mathscr{M}\left(N_{n}(\mathbb{Z})\right)$ is uniform on the set $\left\{I_{n}, M_{1}^{ \pm 1}, \ldots, M_{n-1}^{ \pm 1}\right\}$.


## Central coordinate mixing

Theorem (Diaconis-H., 2015)
Let $n \geq 3$. There is $C=C(n)>0$ such that, as prime $p \rightarrow \infty$,

$$
\sum_{x \bmod p}\left|\mu_{n}^{* N}\left(Z_{1, n} \equiv x \bmod p\right)-\frac{1}{p}\right| \ll \exp \left(-C \frac{N}{p^{\frac{2}{n-1}}}\right)
$$

See work of Peres and Sly [11] for results in the case $p$ is fixed and $n \rightarrow \infty$.

## The central coordinate

Let $M: \mathbb{Z}^{n-1} \rightarrow N_{n}(\mathbb{Z})$ be the map

$$
M: \mathbb{Z}^{n-1} \ni v=\left(\begin{array}{c}
v^{(1)} \\
v^{(2)} \\
\vdots \\
v^{(n-1)}
\end{array}\right) \mapsto\left(\begin{array}{ccccc}
1 & v^{(1)} & 0 & \cdots & 0 \\
0 & 1 & v^{(2)} & 0 & \vdots \\
\vdots & \ddots & \ddots & \ddots & 0 \\
& 0 & 0 & 1 & v^{(n-1)} \\
0 & \cdots & & 0 & 1
\end{array}\right)
$$

Given sequence of vectors $\underline{v}=\left\{v_{i}\right\}_{i=1}^{N} \in\left(\mathbb{Z}^{n-1}\right)^{N}$ the central coordinate satisfies the product rule

$$
Z_{1, n}\left(\prod_{i=1}^{N} M\left(v_{i}\right)\right)=\sum_{1 \leq i_{1}<i_{2}<\ldots<i_{n-1} \leq N} v_{i_{1}}^{(1)} v_{i_{2}}^{(2)} \cdots v_{i_{n-1}}^{(n-1)}
$$

## The central coordinate

Write

$$
Z_{n}^{N}=\sum_{1 \leq i_{1}<i_{2}<\ldots<i_{n-1} \leq N} e_{i_{1}}^{(1)} \otimes \cdots \otimes e_{i_{n-1}}^{(n-1)} .
$$

$Z_{n, \mu}^{N}$ is the distribution of $Z_{n}^{N}$ evaluated on $N$ vectors $v_{i}$ drawn i.i.d. from $\mu$, which is uniform on $\left\{0 ; \pm e_{j}: 1 \leq j \leq n-1\right\}$.

## The central coordinate

- Since the central coordinate is a polynomial of degree $n-1$, it has a distribution at scale $N^{\frac{n-1}{2}}$, which suggests the mixing time of $p^{\frac{2}{n-1}}$ of the theorem.
- The challenge of the theorem is in demonstrating the uniformity of distribution at finer scales, as in a local limit theorem.
- We perform the decomposition on scales using Fourier analysis.


## Cauchy-Schwarz

Cauchy-Schwarz and Plancherel give

$$
\sum_{x \bmod p}\left|Z_{n, \mu}^{N}(x)-\frac{1}{p}\right| \leq\left(\sum_{0 \neq \xi \bmod p}\left|\hat{Z}_{n, \mu}^{N}\left(\frac{\xi}{p}\right)\right|^{2}\right)^{\frac{1}{2}}
$$

where

$$
\hat{Z}_{n, \mu}^{N}(\alpha)=\sum_{m \in \mathbb{Z}} e^{2 \pi i \alpha m} Z_{n, \mu}^{N}(m)
$$

We show there exists constant $C(n)>0$ such that for all $N>0$ and all $0<|\xi| \leq \frac{1}{2}$

$$
\left|\hat{Z}_{n, \mu}^{N}(\xi)\right| \ll \exp \left(-C N|\xi|^{\frac{2}{n-1}}\right) .
$$

## The group action

- $C_{2}=\mathbb{Z} / 2 \mathbb{Z} . C_{2}^{n-2}$ acts on blocks of vectors of length $2^{n-2}$ with the $j$ th factor from $C_{2}^{n-2}, j \geq 1$ switching the relative order of the first $2^{j-1}$ and second $2^{j-1}$ indices.
- Thus, for instance, in case $n=5$, if $\underline{x}=x_{1} x_{2} x_{3} x_{4} x_{5} x_{6} x_{7} x_{8}$,

$$
\begin{aligned}
\tau_{1} \underline{x} & =x_{2} x_{1} x_{3} x_{4} x_{5} x_{6} x_{7} x_{8} \\
\tau_{2} \underline{x} & =x_{3} x_{4} x_{1} x_{2} x_{5} x_{6} x_{7} x_{8} \\
\tau_{1} \tau_{3} \underline{x}=\tau_{3} \tau_{1} \underline{x} & =x_{5} x_{6} x_{7} x_{8} x_{2} x_{1} x_{3} x_{4} \\
\tau_{1} \tau_{2} \tau_{3} \underline{x} & =x_{5} x_{6} x_{7} x_{8} x_{3} x_{4} x_{2} x_{1}
\end{aligned}
$$

## The group action

- Given $\frac{1}{p} \leq|\xi| \leq \frac{1}{2}$, let $k^{\frac{n-1}{2}} \asymp \frac{1}{|\xi|}$.
- Let $N^{\prime}=\left\lfloor\frac{N}{k 2^{n-2}}\right\rfloor$.
- $G_{k}=\left(C_{2}^{n-2}\right)^{N^{\prime}}$ acts on sequences of vectors $\underline{v} \in\left(\mathbb{Z}^{n-1}\right)^{N}$ with $j$ th factor acting on the $j$ th block of length $k 2^{n-2}$ as in the previous slide, moving blocks of length $k$ together.
- Set

$$
\chi_{k}(\xi, \underline{v})=\mathbf{E}_{\underline{\tau} \in G_{k}}\left[e^{2 \pi i \xi Z_{n}^{N}(\underline{\tau} \cdot \underline{v})}\right] .
$$

## Gowers-Cauchy-Schwarz

Although $G_{k}$ is a product group, for $n \geq 5, \chi_{k}(\xi, \underline{v})$ does not factor through the group product structure. To correct this we apply the Gowers-Cauchy-Schwarz inequality, writing $G_{k}=\left(C_{2}^{n-2}\right)^{N^{\prime}}=\left(C_{2}^{N^{\prime}}\right)^{n-2}$.

$$
\begin{aligned}
& \left|\chi_{k}(\xi, \underline{v})\right|^{2^{n-2}} \\
& \leq \mathbf{E}_{\underline{\tau}_{1}, \tau_{1}^{\prime} \in C_{2}^{N^{\prime}}} \cdots \mathbf{E}_{\underline{\tau}_{n-2}, \tau_{n-2}^{\prime} \in C_{2}^{N^{\prime}}}\left[e_{-\xi}\left(\sum_{S \subset[n-2]}(-1)^{n-2-|S|} Z_{n}^{N}(\underline{\tau} S \cdot \underline{v})\right)\right] \\
& =\mathbf{E}_{\tau, \tau^{\prime} \in G_{k}}\left[e_{-\xi}\left(\sum_{S \subset[n-2]}(-1)^{n-2-|S|} Z_{n}^{N}\left(\underline{\tau_{S}} \cdot \underline{v}\right)\right)\right]
\end{aligned}
$$

$$
=: F_{k}(\xi, \underline{v})
$$

where

$$
\underline{\tau}_{S}=\left(\underline{\tau}_{S, 1}, \ldots, \underline{\tau}_{S, n-2}\right), \quad \underline{\tau}_{S, i}= \begin{cases}\underline{\tau}_{i} & i \in S \\ \underline{\tau}_{i}^{\prime} & i \notin S\end{cases}
$$

## Gowers-Cauchy-Schwarz

## Lemma

$F_{k}(\xi, \underline{v})$ factors as the product

$$
F_{k}(\xi, \underline{v})=\prod_{j=1}^{N^{\prime}}\left(1-\frac{1}{2^{n-2}}+\frac{F_{k, j}(\xi, \underline{v})}{2^{n-2}}\right)
$$

where $F_{k, j}(\xi, \underline{v})$ is a function of only the $j$ th block of length $k \cdot 2^{n-2}$ in $\underline{v}$.

## Final steps

Averaging over $\underline{v}$ and applying Hölder's inequality, then the independence,

$$
\begin{aligned}
\left|\hat{Z}_{n, \mu}^{N}(\xi)\right|^{2^{n-2}} & =\left|\mathbf{E}_{\underline{v}}\left[\chi_{k}(\xi, \underline{v})\right]\right|^{2^{n-2}} \\
& \leq \mathbf{E}_{\underline{v}}\left[\left|\chi_{k}(\xi, \underline{v})\right|^{2^{n-2}}\right] \\
& \leq \mathbf{E}_{\underline{v}}\left[\prod_{j=1}^{N^{\prime}}\left(1-\frac{1}{2^{n-2}}+\frac{F_{k, j}(\xi, \underline{v})}{2^{n-2}}\right)\right] \\
& =\prod_{j=1}^{N^{\prime}} \mathbf{E}_{\underline{v}}\left[\left(1-\frac{1}{2^{n-2}}+\frac{F_{k, j}(\xi, \underline{v})}{2^{n-2}}\right)\right] .
\end{aligned}
$$

The choice of $k=k(\xi), k^{\frac{n-1}{2}} \asymp \frac{1}{|\xi|}$ is such that $\mathbf{E}\left[F_{k, j}(\xi, \underline{v})\right]$ is bounded by a fixed constant less than 1 , uniformly in $\xi$, which suffices to complete the proof.

## Related results

- We have obtained an optimal rate in Breuillard's local limit theorem on the real Heisenberg group

$$
\mathbb{H}(\mathbb{R})=\left(\begin{array}{ccc}
1 & \mathbb{R} & \mathbb{R} \\
0 & 1 & \mathbb{R} \\
0 & 0 & 1
\end{array}\right)
$$

- The argument combines the group action method with a Lindeberg-type replacement scheme, in which the steps in the walk are replaced with Gaussians of the same covariance matrix.


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## Sandpiles on the square lattice


(a) Daniel Jerison

(b) Lionel Levine

## Sandpiles on the square lattice

- A sandpile on the square lattice $\mathbb{Z}^{2}$ is a sand allocation

$$
\sigma: \mathbb{Z}^{2} \rightarrow \mathbb{Z}_{\geq 0}
$$

- If $\sigma(x) \geq 4$ the pile at $x$ can topple, passing one grain of sand to each of its neighbors. This toppling procedure is known to be abelian.
- An allocation is stable if $\sigma \leq 3$, and unstable otherwise.


## Sandpiles on the square lattice

- We consider parallel toppling dynamics in which time progresses in discrete steps, and at each time step, every site that can topple topples once.
- A configuration $\sigma$ is said to be stabilizable if under parallel toppling, each vertex topples finitely many times. The stabilized sandpile is written $\sigma^{\infty}$.


## Sandpiles on the square lattice

## Theorem (H., Jerison, Levine, '17)

Let $\left(\sigma_{x}\right)_{x \in \mathbb{Z}^{2}}$, distributed i.i.d. on $\mathbb{Z}_{\geq 0}$, be a sandpile configuration. If $\left(\sigma_{x}\right)_{x \in \mathbb{Z}^{2}}$ is stabilizable almost surely then

$$
\begin{aligned}
\mathbf{E}\left[\sigma_{0}\right] & \leq 3-\epsilon \\
\epsilon & \gg \min \left(1, \iint\left|z_{1}-z_{2}\right|^{\frac{2}{3}} d \sigma_{0}\left(z_{1}\right) d \sigma_{0}\left(z_{2}\right)\right) .
\end{aligned}
$$

## Graph Laplacian and Green's function

- Let $\Delta$ denote the graph Laplacian on $\mathbb{Z}^{2}$,

$$
\Delta f(x)=4 f(x)-\sum_{y:\|y-x\|_{1}=1} f(y)
$$

- Denote $G(x)$ the Green's function, which satisfies $\Delta G=\delta_{0}$.


## A function harmonic modulo 1

- Write $D_{1} f(x)=f(x+(1,0))-f(x)$.
- The argument uses that $\xi=D_{1}^{3} G$ satisfies
(1) $\xi \in L^{1}\left(\mathbb{Z}^{2}\right)$
(2) $\xi$ is 'harmonic modulo 1 ', that is, $\Delta \xi \equiv 0 \bmod 1$
(3) For $A>1$,

$$
\sum_{x:\left|\xi_{x}\right|<\frac{1}{A}}\left|\xi_{x}\right|^{2} \asymp A^{-\frac{4}{3}} .
$$

## Several lemmas

Lemma ([9])
Let $\left(\sigma_{x}\right)_{x \in \mathbb{Z}^{2}} \in \mathbb{Z}_{\geq 0}^{\mathbb{Z}^{2}}$ be an i.i.d. sandpile which stabilizes a.s.. Then

$$
\mathbf{E}\left[\sigma_{0}\right]=\mathbf{E}\left[\sigma_{0}^{\infty}\right] .
$$

## Lemma

Let $\left(\sigma_{x}\right)_{x \in \mathbb{Z}^{2}} \in \mathbb{Z}_{\geq 0}^{\mathbb{Z}^{2}}$ be an i.i.d. sandpile which stabilizes a.s.. Then

$$
\langle\xi, \sigma\rangle \equiv\left\langle\xi, \sigma^{\infty}\right\rangle \bmod 1, \quad \text { a.s.. }
$$

## Proof.

- Let $u^{n}(x)$ denote the number of times that site $x$ topples in the first $n$ rounds of toppling, and let $\sigma^{n}=\sigma-\Delta u^{n}$ be the sandpile after $n$ topplings.
- We have $u^{n} \leq n$ and $\sigma^{n}(x) \leq \max \left(\sigma^{n-1}(x), 7\right)$.
- $\langle\xi, \sigma\rangle$ converges absolutely a.s. by the weak law of large numbers.
- For each n, a.s. $\langle\xi, \sigma\rangle-\left\langle\xi, \sigma^{n}\right\rangle=-\left\langle\xi, \Delta u^{n}\right\rangle=-\left\langle\Delta \xi, u^{n}\right\rangle \in \mathbb{Z}$.
- Thus a.s. $\langle\xi, \sigma\rangle-\left\langle\xi, \sigma^{\infty}\right\rangle \in \mathbb{Z}$, by dominated convergence.


## Proof sketch of theorem

- The previous lemma implies that the equality

$$
\chi(\xi, \sigma)=\mathbf{E}\left[e^{-2 \pi i\langle\xi, \sigma\rangle}\right]=\mathbf{E}\left[e^{-2 \pi i\left\langle\xi, \sigma^{\infty}\right\rangle}\right]=\chi\left(\xi, \sigma^{\infty}\right)
$$

- By independence,

$$
|\mathrm{LHS}|=\prod_{x \in \mathbb{Z}^{2}}\left|\mathbf{E}\left[e^{-2 \pi i \xi_{x} \sigma_{0}}\right]\right|
$$

while $\sigma^{\infty} \leq 3$ implies

$$
|\mathrm{RHS}|=1-O\left(3-\mathbf{E}\left[\sigma_{0}\right]\right)
$$

- The theorem follows on comparing the LHS and RHS, we omit the details.


## Torus sandpiles

Consider sandpile dynamics on the torus $\mathbb{T}_{m}=(\mathbb{Z} / m \mathbb{Z})^{2}$, given as follows.

- The point $(0,0)$ is designated 'sink' and is special, in that any grain of sand which falls on the sink is lost from the model.
- Each non-sink point on the torus has a sand allocation indicated by

$$
\sigma: \mathbb{T}_{m} \backslash\{(0,0)\} \rightarrow \mathbb{Z}_{\geq 0}
$$

- A move in the model consists of dropping a grain of sand on a uniformly chosen vertex $v$, then performing topplings until the configuration is stable.


## Torus sandpiles

- Those states $\mathscr{S}_{m}$ for which $\sigma \leq 3$ are stable, while those states $\mathscr{R}_{m}$ which may be reached from the maximal state $\sigma \equiv 3$ are recurrent.
- The stationary distribution of the model is the uniform distribution on recurrent states.


## Torus sandpiles

## Theorem (H., Jerison, Levine, 2017)

There is a constant $c_{0}>0$ and $t_{m}^{\text {mix }}=c_{0} m^{2} \log m$ such that the following holds. For each fixed $\epsilon>0$,

$$
\begin{align*}
& \lim _{m \rightarrow \infty} \min _{\sigma \in \mathscr{S}_{m}}\left\|P^{\left\lceil(1-\epsilon) t^{\mathrm{mix}}\right.} \delta_{\sigma}-\mathbb{U}_{\mathscr{R}}\right\|_{\operatorname{TV}\left(\mathscr{S}_{m}\right)}=1,  \tag{1}\\
& \lim _{m \rightarrow \infty} \max _{\sigma \in \mathscr{S}_{m}}\left\|P^{\left\lfloor(1+\epsilon) t^{\mathrm{mix}}\right\rfloor} \delta_{\sigma}-\mathbb{U}_{\mathscr{R}}\right\|_{\operatorname{TV}\left(\mathscr{S}_{m}\right)}=0 .
\end{align*}
$$

We say that sandpile dynamics on the torus exhibits a cut-off phenomenon with mixing time asymptotic to $c_{0} m^{2} \log m$.

## Ideas in the argument

- A simple coupon collector type argument shows that, started from an arbitrary state, a recurrent state is reached in $O\left(m^{2} \sqrt{\log m}\right)$ steps with probability $1+o(1)$.
- We thus reduce to considering the dynamics started from a recurrent state. These have the structure of an abelian group, isomorphic to $\mathscr{G}=\mathbb{Z}^{\mathbb{T}_{m} \backslash\{(0,0)\}} / \bar{\Delta} \mathbb{Z}^{\mathbb{T}_{m} \backslash\{(0,0)\}}$, where $\bar{\Delta}$ is the reduced graph Laplacian, found by omitting the row and column corresponding to the sink.
- In this identification, the dynamics are given by convolution with the measure $\mu$ which is uniform on the standard basis vectors of $\mathbb{Z}^{\mathbb{T}_{m} \backslash\{(0,0\}}$ and 0.


## Ideas in the argument

- Denote the dual group $\hat{\mathscr{G}}=\bar{\Delta}^{-1} \mathbb{Z}^{\mathbb{T}_{m} \backslash\{(0,0)\}} / \mathbb{Z}^{\mathbb{T}_{m} \backslash\{(0,0)\}}$
- The spectrum is given by the Fourier coefficients

$$
\hat{\mu}(\xi)=\mathbf{E}_{x \in \mathbb{T}_{m}}\left[e^{2 \pi i \xi_{x}}\right]: \quad \xi \in \hat{\mathscr{G}} .
$$

- Identify $\xi \in \hat{\mathscr{G}}$ with prevector $v=\bar{\Delta} \xi \in \mathscr{G}$. Choose representative $v$ with $\|v\|_{\infty} \leq 3$.


## Ideas in the argument

- The Fourier coefficients of high frequencies for which $\|v\|_{1}>m^{2-\theta}$ are bounded by using that $\bar{\Delta}$ is bounded $L^{2} \rightarrow L^{2}$.
- The remaining frequencies have $v$ which are sparse. An agglomeration scheme is performed to decompose $v$ into clustered components.
- The local nature of $\bar{\Delta}$ is used to show that cancellation in $\hat{\mu}(\xi)$ is essentially additive from separated clusters. This is the most technical part of the argument, since the inverse map, given by convolution with the Green's function, only satisfies a decay condition on derivatives.
- Strong additivity at small frequencies is used to demonstrate the cut-off phenomenon via second moment methods.


## Torus sandpiles

We also evaluate the spectral gap as follows.
Theorem (H., Jerison, Levine, 2017)
Let $m \geq 1$. Restricted to recurrent states, the spectral gap of sandpile dynamics on $\mathbb{T}_{m}$ is given by gap ${ }_{m}=\frac{\gamma+o(1)}{m^{2}}$ where

$$
\gamma=\inf \left\{\sum_{x \in \mathbb{Z}^{2}}\left(1-\cos \left(2 \pi \xi_{x}\right)\right): \xi \in \mathbb{R}^{\mathbb{Z}^{2}}, \xi \not \equiv 0 \bmod 1, \Delta \xi \equiv 0 \bmod 1 .\right\}
$$

## Torus sandpiles

The value of $\gamma$ (and also $c_{0}$ ) is determined as follows.

- Let $\xi \in\left(-1 / 2,1 / 2 \mathbb{Z}^{\mathbb{Z}^{2}}\right.$ and write $\Delta \xi=v \in \mathbb{Z}^{\mathbb{Z}^{2}}$.
- Given a subset $S \subset \mathbb{Z}^{2}$, define $N(S)=\left\{x \in \mathbb{Z}^{2}: d(x, S) \leq 1\right\}$ it's distance-1 enlargement.
- Define $P(S ; v)$ to be the program:

$$
\begin{aligned}
\operatorname{minimize} & \sum_{n \in N}\left(1-\cos \left(2 \pi x_{n}\right)\right) \\
\text { subject to: } & \left(x_{n}\right)_{n \in N} \subset\left[0, \frac{1}{2}\right)^{N}, \\
& \forall s \in S, 4 x_{s}+\sum_{t:\|t-s\|_{1}=1} x_{t} \geq\left|v_{s}\right|
\end{aligned}
$$

Thus $\sum_{x \in \mathbb{Z}^{2}} 1-\cos \left(2 \pi \xi_{x}\right) \geq P(S ; v)$.
In practice this search is of a reasonable size.

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## Cycle walks

- The total variation distance between two probability measures $\mu, \nu$ on $\mathbb{Z} / p \mathbb{Z}$ is

$$
\|\mu-\nu\|_{\mathrm{TV}(\mathbb{Z} / p \mathbb{Z})}=\sup _{B \subset \mathbb{Z} / p \mathbb{Z}}|\mu(B)-\nu(B)|
$$

- The total variation mixing time for random walk driven by probability measure $\mu$ is

$$
t_{1}^{\mathrm{mix}}=\inf \left\{N:\left\|\mu^{* N}-\mathbb{U}_{\mathbb{Z} / p \mathbb{Z}}\right\|_{\mathrm{TV}(\mathbb{Z} / p \mathbb{Z})}<\frac{1}{e}\right\}
$$

- Given set $A \subset \mathbb{Z} / p \mathbb{Z}$, write $\mu_{A}$ for its uniform measure.


## Cayley graphs

- Given symmetric generating set $A \subset \mathbb{Z} / p \mathbb{Z}$ denote $\mathscr{C}(A, p)$ the Cayley graph with vertices $V=\mathbb{Z} / p \mathbb{Z}$ and edge set

$$
E=\left\{\left(n_{1}, n_{2}\right) \in(\mathbb{Z} / p \mathbb{Z})^{2}: n_{1}-n_{2} \in A\right\}
$$

- Write $\operatorname{diam}(\mathscr{C}(A, p))$ for the graph-theoretic diameter of $\mathscr{C}(A, p)$.
- Since $\mathbb{Z} / p \mathbb{Z}$ is abelian there is a more geometric notion of diameter

$$
\begin{aligned}
& \operatorname{diam}_{\operatorname{geom}}(\mathscr{C}(A, p)) \\
& =\max _{x \in \mathbb{Z} / p \mathbb{Z}} \min \left(\|\underline{n}\|_{2}: \underline{n} \in \mathbb{Z}^{k}, \exists \underline{a} \in A^{k}, \underline{n} \cdot \underline{a} \equiv x \bmod p\right) .
\end{aligned}
$$

Note $\operatorname{diam}_{\text {geom }}(\mathscr{C}(A, p)) \leq \operatorname{diam}(\mathscr{C}(A, p))$.

## Geometric mixing bound

## Theorem (H., 2015)

Let $p$ be an odd prime, let $1 \leq k \leq \frac{\log p}{\log \log p}$ and let $A,|A|=2 k+1$ be a symmetric generating set. The mixing time $t_{1}^{\text {mix }}$ of random walk driven by $\mu_{A}$ satisfies

$$
t_{1}^{\operatorname{mix}} \ll k \cdot \operatorname{diam}_{\text {geom }}(\mathscr{C}(A, p))^{2}
$$

This extends to growing generating sets a previous result of Diaconis and Saloff-Coste [8].

## Geometric mixing bound



Figure: Yuval Peres

## Steps in the proof

- Let $A=\left\{0, \pm a_{1}, \ldots, \pm a_{k}\right\}, \underline{a}=\left(a_{1}, \ldots, a_{k}\right)$ and let $\Lambda<\mathbb{Z}^{k}$ defined by

$$
\Lambda=\left\{\lambda \in \mathbb{Z}^{k}: \lambda \cdot \underline{a} \equiv 0 \bmod p\right\} .
$$

This is an index $p$ lattice of $\mathbb{Z}^{k}$.

- Let $\nu_{k}=\frac{1}{2 k+1}\left(\delta_{0}+\sum_{j=1}^{k}\left(\delta_{\mathbf{e}_{j}}+\delta_{-\mathbf{e}_{j}}\right)\right)$.
- For each $n \geq 1, \mu_{A}^{* n}$ on $\mathbb{Z} / p \mathbb{Z}$ and $\nu_{k}^{* n}$ on $\mathbb{Z}^{k} / \Lambda$ are equal in law.


## Steps in the proof

Denote $\eta_{k}(\sigma, \underline{x})$ the spherically symmetric Gaussian on $\mathbb{R}^{k}$,

$$
\eta_{k}(\sigma, \underline{x})=\left(\frac{1}{2 \pi \sigma^{2}}\right)^{\frac{k}{2}} \exp \left(-\frac{\|x\|_{2}^{2}}{2 \sigma^{2}}\right) .
$$

## Lemma

Let $n, k(n)$ be parameters satisfying $k^{2}=o(n)$ for large $n$. As $n \rightarrow \infty$,

$$
\left\|\nu_{k}^{* n} * 1_{\left(-\frac{1}{2}, \frac{1}{2}\right]^{k}}-\eta_{k}\left(\sqrt{\frac{2 n}{2 k+1}}, \cdot\right)\right\|_{\mathrm{TV}\left(\mathbb{R}^{k}\right)}=o(1) .
$$

This permits working with a Gaussian diffusion on $\mathbb{R}^{k} / \Lambda$.

## Steps in the proof

- At step $t$ the Gaussian diffusion has density on $\mathbb{R}^{k} / \Lambda$ given by

$$
\Theta(\underline{x} ; t)=\sum_{\lambda \in \Lambda} \eta_{k}\left(\sqrt{\frac{2 t}{2 k+1}}, \underline{x}-\lambda\right)
$$

- Let $\mathscr{F}$ be a norm-minimal fundamental domain (Voronoi cell) for $\mathbb{R}^{k} / \Lambda$. Since $\bar{\Theta}(\underline{x} ; t)=\mathbf{E}_{\underline{y} \in \mathscr{F}}[\Theta(\underline{x} ; t)]=\mathbb{U}_{\mathbb{R}^{k} / \Lambda}$, the goal is to approximate $\Theta(\underline{x} ; t) \approx \bar{\Theta}(\underline{x} ; t)$.


## Steps in the proof

- Estimate

$$
\begin{aligned}
& \left|\eta_{k}\left(\sqrt{\frac{2 t}{2 k+1}}, \underline{x}\right)-\mathbf{E}_{\underline{y} \in \mathscr{F}}\left[\eta_{k}\left(\sqrt{\frac{2 t}{2 k+1}}, \underline{x}-\underline{y}\right)\right]\right| \\
& \leq \eta_{k}\left(\sqrt{\frac{2 t}{2 k+1}}, \underline{x}\right) \mathbf{E}_{\underline{y} \in \mathscr{F}}\left[\exp \left(\frac{2 k+1}{4 t}\left(\|\underline{y}\|_{2}^{2}+2|\langle\underline{x}, \underline{y}\rangle|\right)\right)-1\right] .
\end{aligned}
$$

- The proof is completed by combining the integral over $\mathbb{R}^{k} / \Lambda$ with the sum over $\Lambda$, to average over $\underline{x} \in \mathbb{R}^{k}$. Note that $\mathscr{F}$ is contained in the ball of radius the geometric diameter.


## The cut-off phenomenon

- Let $2<p_{1}<p_{2}<\ldots$ be a sequence of primes. For each $n \geq 1$, let $A_{n} \subset \mathbb{Z} / p_{n} \mathbb{Z}$ be a symmetric subset. The sequence of random walks $\left(\mathbb{Z} / p_{n} \mathbb{Z}, \mu_{A_{n}}\right)$ exhibits the 'cut-off phenomenon' if, for each $0<\epsilon<1$,

$$
\begin{aligned}
& \lim _{n \rightarrow \infty}\left\|\mu_{A_{n}}^{*\left[(1+\epsilon) t_{1, n}^{\text {mix }}\right]}-\mathbb{U}_{\mathbb{Z} / p_{n} \mathbb{Z}}\right\|_{\operatorname{TV}\left(\mathbb{Z} / p_{n} \mathbb{Z}\right)}=0 \\
& \lim _{n \rightarrow \infty}\left\|\mu_{A_{n}}^{*\left\lfloor(1-\epsilon) t_{1, n}^{\text {mix }}\right\rfloor}-\mathbb{U}_{\mathbb{Z} / p_{n} \mathbb{Z}}\right\|_{\operatorname{TV}\left(\mathbb{Z} / p_{n} \mathbb{Z}\right)}=1 .
\end{aligned}
$$

- A choice of $\epsilon=\epsilon_{n}$ tending to zero with $n$ for which this holds is a 'cut-off profile'.


## The cut-off phenomenon

- The cut-off phenomenon is a widely studied feature of Markov chains, although it typically is difficult to prove.
- Examples of sequences of Markov chains which have cut-off include nearest neighbor walk on the hypercube, the Gilbert-Shannon-Reeds model of riffle shuffling, and random walk on Ramanujan graphs of bounded degree.
- A necessary condition for cut-off is

$$
\lim _{n \rightarrow \infty} \frac{t_{1, n}^{\mathrm{mix}}}{t_{n}^{\text {rel }}}=\infty
$$

## Random theorem

## Theorem (H., 2015)

Let $k: \mathscr{P} \rightarrow \mathbb{Z}_{>0}$ tend to $\infty$ with $p$ in such a way that $k(p) \leq \frac{\log p}{\log \log p}$. Choose $\left\{A_{p} \bmod p\right\}_{p \in \mathscr{P}}$ independently with $A_{p}$ uniform from symmetric sets of size $2 k+1$. The following hold with probability 1 .

1. Worst case behavior:

$$
\liminf \frac{t_{1}^{\mathrm{mix}}(p)}{t^{\mathrm{rel}}(p)} \ll 1
$$

In particular, the cut-off phenomenon does not occur for $\left(\mathbb{Z} / p \mathbb{Z}, \mu_{A_{p}}, \mathbb{U}_{\mathbb{Z} / p \mathbb{Z}}\right)_{p \in \mathscr{P}}$. Also

$$
\lim \sup \frac{t_{1}^{\text {mix }}(p)}{p^{\frac{4}{k(p)}}} \gg 1, \quad \lim \sup \frac{t_{1}^{\text {mix }}(p)}{p^{\frac{4}{k(p)}}(\log p)^{\frac{2}{k(p)}}} \ll 1
$$

## Random theorem, cont'd

## Theorem (H., 2015)

2. Typical behavior: For any sequence $\{\epsilon(p)\}_{p \in \mathscr{P}} \subset \mathbb{R}_{>0}$ satisfying $\epsilon(p) \sqrt{k(p)} \rightarrow \infty$ there is a density 1 subset $\mathscr{P}_{0} \subset \mathscr{P}$ such that in the family $\left(\mathbb{Z} / p \mathbb{Z}, \mu_{A_{p}}, \mathbb{U}_{\mathbb{Z} / p \mathbb{Z}}\right)_{p \in \mathscr{P}_{0}}$ we have

$$
t_{1}^{\operatorname{mix}}(p) \sim \frac{k(p)}{2 \pi e} p^{\frac{2}{k(p)}}
$$

and as $p \rightarrow \infty$ running through $\mathscr{P}_{0}$

$$
\lim \left\|\mu_{A_{p}}^{(1 \pm \epsilon) t_{1}^{\operatorname{mix}}(p)}-\mathbb{U}_{\mathbb{Z} / p \mathbb{Z}}\right\|_{\mathrm{TV}(\mathbb{Z} / p \mathbb{Z})}=\left\{\begin{array}{ll}
0 & + \\
1 & -
\end{array} .\right.
$$

## Random theorem

- The theorem shows that random-random walk on the cycle with small generating sets has a generic behavior with a very sharp mixing cut-off. When $k \sim \frac{\log p}{\log \log p}$, the mixing time is of order

$$
k p^{\frac{2}{k}} \asymp \frac{(\log p)^{3}}{\log \log p}
$$

while the window is shown to be smaller by a factor of essentially $\sqrt{k}$, which is a power of the mixing time.

- This is a much sharper window than in well-studied examples of random walk on abelian groups such as random walk on the hypercube, where the window is smaller than the mixing time by a factor of log.
- Rare walks exhibit a bounded-dimensional behavior, and have a transition to uniformity on the scale of the mixing time.


## Remarks about the arguments

- The more refined estimates regarding cut-off use concentration properties of the high dimensional Gaussian to partition the theta function into a concentrated piece plus a small $L^{1}$ error. Removing the $L^{1}$ error permits the problem to be studied on $L^{2}$.
- The geometry of the fundamental domain for $\mathbb{R}^{k} / \Lambda$ is studied. $A$ random fundamental domain behaves like the Euclidean 2-ball in a statistical sense. Combined with the spherical symmetry of the Gaussian, this explains the sharp transition window.
- The unfolding method of analytic number theory is used to study the theta function.


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